

TAPP can help you learn:

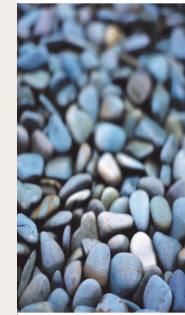
- How to take good care of yourself and your baby
- How to purchase and eat nutritious food
- How to prepare for labor and delivery
- How your baby grows and develops
- How to be a better mother or father
- How to use community services



Serving Placer County



Contact Us Today:
Auburn: 530-889-7141
All Other Areas: 1-800-829-7199



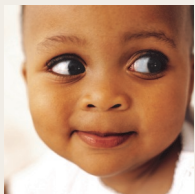
*Teenage
Pregnancy and
Parenting
Program*

A PROUD PARTNER WITH

Children & Families Commission
www.First5Placer.org



PLACER COUNTY
COMMUNITY HEALTH
11484 B AVENUE
AUBURN, CA 95603



*"You Are Not Alone
There Is Help"*

How Do I Sign Up?

Contact us today to set up a time to meet with a Case Manager to discuss an approach to best meet your needs.

Auburn: 530-889-7141

All Other Areas: 1-800-829-7199

What is the Teenage Pregnant and Parenting Program (TAPP)?

TAPP is a program that helps to improve the health and well-being of pregnant and parenting teens and their children. The program looks at teens' strengths and connects them with services that will help them have healthy and happy babies, finish high school and become independent adults.

How Much Does TAPP Cost?

TAPP services are free. You will be told ahead of time if there will be a cost for any service you might need that is not offered by the TAPP Program.

TAPP Can Help You:

- Stay in school
- Find a job
- Plan a career
- Solve parenting problems



Do I Qualify?

- You are under 19 years old and pregnant or already have a baby
- You live in Placer County

TAPP Will Help You Get:

- | | | | |
|-----------------------|-----------------|-----------------------|--------------------------------------|
| • Medical Care | • Legal counsel | • Nutrition Education | • Immunizations |
| • Low or no-cost food | • Childcare | • Family Planning | • Educational or Vocational Services |
| • Financial help | • Housing | • Counseling | |